



Revised Joint Health and Wellbeing Strategy

Report for: Overview Select Committee

12 December 2018

Lead Director: Ivan Browne, Acting Director of Public Health

Useful information

- Ward(s) affected: All
- Report author: Ivan Browne, Kate Huszar & Andrea Thorne
- Author contact details: ivan.browne@leicester.gov.uk
- Report version number plus Code No from Report Tracking Database: v1

Suggested content

1. Purpose of report

This paper presents the draft Joint Health and Wellbeing Strategy (JHWBS) 2019-2024 to the Overview Select Committee. This submission has been made in response to a recommendation from the Health and Wellbeing Scrutiny Commission that the JHWBS be presented to OSC to enhance the corporate ownership of the strategy.

2. Background

The production of a Joint Health and Wellbeing Strategy (JHWBS) is a statutory duty of the Health and Wellbeing Board and the overall ownership and governance sits with this board.

The JHWBS represents an overarching strategy for key improvements to health and wellbeing for Leicester, over the next 5 years. It will inform and provide focus for all other plans and strategies relating to health and wellbeing and is to be used by the local authority, healthcare organisations and other partners, serving the city.

The previous strategy 'Closing the Gap', launched in 2013, requires renewal to ensure that the JHWBS continues to meet the evolving health needs of the Leicester population. The content of this JHWBS 2019 -2024 has been developed using the most current local intelligence, including; the Joint Strategic Needs Assessment, outcomes from our locally commissioned Health and Wellbeing Survey, local population projections and health profiles, as well as intelligence from key partner organisations.

3. Development

The content of the revised 2019-2024 JHWBS has been developed collaboratively through a series of engagement workshops, with a wide range of local stakeholders and interested parties, to ensure they were able to shape and engage with the content from the outset. The four workshops covered the following themes;

- Healthy Places
- Healthy Minds
- Healthy Start
- Healthy Lives

Each workshop was well attended, and a number of key themes emerged from them. This included a recognition of a need for greater support, actions and initiative that promote good health at the early stages of life. It was also made evident that the JHWBS needed to place greater emphasis on seeking to address 'the causes of the causes' of ill health i.e. socio economic and environmental factors.

Subsequent to the engagement workshops, a number of additional opportunities were made available to develop and revise the content further. This was done through; development sessions with the Health and Wellbeing board members, a JHWBS workshop with local councillors, presentations and Q&A with the Joint Integrated¹ Commissioning Board, Adult Social care, Children's Trust Board, Leicester Safeguarding Adults Board and Leicester Safeguarding Children's Board. Furthermore, direct engagement has occurred with key stakeholders, including; University Hospitals Leicester, Leicester's Clinical Commissioning Group, Healthwatch and Voluntary Action Leicester.

LCC directorates have contributed to the development of the Health and Wellbeing Strategy and offered objectives and targets for the action plan. They have engaged in one or more of the following ways:

- Through the strategy workshops which took place to help shape the strategy content
- Feedback through divisional meetings
- Through individual meetings with senior representatives of the directorate

The following LA directorates have specifically engaged in the development process:

- City Developments and Neighbourhoods
- Culture and Neighbourhood services
- Housing
- Estates and Building services (Environment team)
- Adult Social care
- Public Health
- Domestic and Sexual Violence
- Education and Children's services

¹ The Joint Integrated Commissioning Board (JICB) is an operational group reporting to the Health and Wellbeing Board working on areas of shared pressures and responsibilities. Membership includes senior managers from Adult Social Care, Children and Young People's Services, Public Health within the local authority and senior managers and governing body members from Leicester City CCG.

4. 2019-2024 JHWBS Content

The 2019-2024 JHWBS places greater focus on the wider determinants of health i.e. looking at the impact of poverty, deprivation, housing and education, alongside key local health issues, such as the impacts of multi-morbidity. Also the need to support and care for people with long term clinical conditions, such as diabetes, heart disease and cancer.

The JHWBS comprises of five theme areas:

- **Healthy Places** – this theme recognises that the environments in which we live and work, play a crucial role in health and wellbeing. Factors such as the way the environments are designed and how they can potentially influence a person's lifestyle choices (e.g. the degree of physical activity taken) are considered within this area. The theme aims to make places and spaces that people occupy, as healthy and safe as possible. This could be homes, schools, workplaces, parks and open space etc. All environments physical, social and online are considered in this theme.
- **Healthy Minds** – this theme highlights the importance of mental wellbeing and its relevance to everyone in society. Tackling the issues of the increasing prevalence of mental ill health and the link between poor mental and poor physical health are captured within this theme. It also seeks to tackle emerging issues such social isolation and loneliness and the importance of 'parity of esteem' between physical and mental health within services and wider society.
- **Healthy Start** – this theme emphasises how important the early formative years are to good mental and physical health as an adult. The developed strategy recognises the significant influence of this stage on long term life attainments such as education, employment, habits and behaviours and overall life expectancy. Maternal mental health, key issues such as post-natal depression and infant mortality are also covered in this section.
- **Healthy Lives** – this theme supports people in the maintenance of healthy lives through healthy choices and offers support to people who may already have a chronic condition; such as CVD or diabetes or are multi-morbid, to remain in the best possible health. It identifies actions to support people to live healthier lives by learning, engaging with the world around them and providing access to skills training and education.

- **Healthy Aging** – this theme supports people to age positively, confidently and comfortably. The focus is to support people to live longer, fulfilled lives and to have more years in good health. It seeks to address challenges posed by multi-morbidity and dementia as well as social isolation and loneliness which is very pronounced amongst this group. Overall the aim is to focus on building age-friendly environments as well as the appropriate provision of personalised support to those in need.

5. The Action Plan

The actions necessary for delivering the aims and objectives of the strategy are set out within an action plan that will accompany the JHWBS. To support monitoring and delivery of the individual contributors to the JHWBS, under each theme sits the related objectives, specific action and the responsible partner (s).

The objectives and actions presented here have been developed to highlight the importance of Place and the relevance of Mind to all areas of the Strategy and action plan. As the strategy focuses on the wider determinants of health it is difficult to numerically measure progress for some of the objectives, in these cases we will seek alternative ways to evidence progress such as case studies. The plan will be delivered and monitored through various subgroups that identify as contributing to the objectives of these themes.

Key partner's such as the NHS, police etc. have already had the opportunity to contribute to the revised strategy but will have further opportunities to contribute to both the strategy and action plan during the consultation period.

6. Consultation.

The consultation period for the strategy will run from January 2019, this will be an online consultation via the LCC consultation pages.

6. Recommendations

The OSC are asked to note the contents of this update and engage with and support the consultation process in January.

7. Financial, legal and other implications

7.1 Financial implications

7.1.1 There are no direct financial implications arising from this report.

Rohit Rughani, Principal Accountant, Ext 37 4003

7.2 Legal implications

There are no specific legal comments on this report at this stage as the consultation process is commencing.

Jenis Taylor, Principal Solicitor (Commercial) Tel 0116 454 1405

7.3 Climate Change and Carbon Reduction implications

There are no climate change implications directly associated with this report.

Aidan Davis, Sustainability Officer, Ext 37 2284

7.4 Equalities Implications

When making decisions, the Council must comply with the Public Sector Equality Duty (PSED) (Equality Act 2010) by paying due regard, when carrying out their functions, to the need to eliminate discrimination, advance equality of opportunity and foster good relations between people who share a 'protected characteristic' and those who do not.

Decision makers need to be clear about any equalities implications of the proposed option. In doing so, we must consider the likely impact on those likely to be affected by the recommendation and their protected characteristics.

Protected groups under the Equality Act are age, disability, gender re-assignment, pregnancy/maternity, race, religion or belief, sex and sexual orientation.

The consultation proposed for January 2019 needs to be accessible for all of Leicester's diverse communities and people from across all protected characteristics. Any equality related issues which arise as part of the consultation should be used to further develop the proposals.

The Strategy is designed to have positive impact across all protected characteristics and if as part of the ongoing work around the action plan there are any specific

proposed service changes, it may be the case that an Equality Impact Assessment is required, advice can be sought from the Equalities Team.

Sukhi Biring, Equalities Officer, Ext 374175

7.5 Other Implications (You will need to have considered other implications in preparing this report. Please indicate which ones apply?)

N/A

8. Background information and other papers:

JHWBS and Action Plan

9. Summary of appendices:

JHWBS and Action Plan

10. Is this a private report (If so, please indicated the reasons and state why it is not in the public interest to be dealt with publicly)?

No

11. Is this a “key decision”?

No